

Tchiki S. Davis
CURRICULUM VITAE

Institute of Personality and Social Research (IPSR)
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EDUCATION

- 2015 **Ph.D.**, University of California, Berkeley (*expected*)
Psychology
- 2012 **M.A.**, University of Denver
Psychology
- 2005 **B.A.**, University of Colorado at Boulder
Psychology & Art

RESEARCH

RESEARCH INTERESTS

- ◆ Emotion & Emotion Regulation ◆ Maladaptive Behavior ◆ Translational Research ◆ Online Intervention ◆ Mental and Physical Health ◆ Psychophysiology and Neuroscience

PUBLICATIONS

- Davis, T. S.**, Mauss, I. B., Lumian, D., Troy, A. S., Shallcross, A. J., Zarolia, P., Ford, B. Q., McRae, K. (in press). Emotional reactivity and emotion regulation among adults with a history of self-harm: Laboratory self-report and fMRI evidence. *Journal of Abnormal Psychology*.
- *Irion, A. K. (2014). *Beliefs behind the scars: The role of entity beliefs about emotion in nonsuicidal self-injury*. Undergraduate Thesis. University of California, Berkeley.
- Troy, A. S., Shallcross, A. J., **Davis, T. S.**, Mauss, I. B. (2012). History of mindfulness-based cognitive therapy is associated with increased cognitive reappraisal ability. *Mindfulness* 1-10. doi: 10.1007/s12671-012-0114-5
- Barrocas, A. L., Jenness, J. L., **Davis, T. S.**, Oppenheimer, C. W., Technow, J. R., Gulley, L. D., Badanes, L. S., & Hankin, B. L. (2011). Developmental perspectives on vulnerability to non-suicidal self-injury in youth. In J. Benson (Ed.), *Advances in Child Development and Behavior*. London: Elsevier, 40, 301-336.

PRESENTATIONS

- Davis, T. S.**, Mauss, I. B., Lumian, D., Zarolia, P., Ford, B. Q., McRae, K. Emotional reactivity and emotion regulation in self-injury: Evidence from experiential and fMRI laboratory methods. (2014, Apr). *Annual Student Research Festival*, Berkeley, CA.
- Davis, T. S.**, Mauss, I. B., Lumian, D., Zarolia, P., Ford, B. Q., McRae, K. The Crucial Role of Reappraisal in Nonsuicidal Self-Injury. (2014, Mar). *Institute of Personality and Social Research*, Berkeley, CA.
- Davis, T. S.**, Mauss, I. B., Lumian, D., Troy, A. S., Shallcross, A. J., Zarolia, P., Ford, B. Q., McRae, K. (2014, Jan). Emotional reactivity and emotion regulation in self-injury: Evidence from experiential and fMRI laboratory methods. *University of California, San Francisco*, San Francisco, CA.
- McRae, K., Gross, J. J., Mauss, I. B., Williams, L., Ochsner, K., **Davis, T. S.**, Lumian, D., Zarolia, P., Ford, B. Q., Rekshan, W., Cooper, N. (2013, Apr). Individual and group differences in emotion regulation. *Social and Affective Neuroscience Society*, San Francisco, CA.
- Davis, T. S.**, Mauss, I. B., Lumian, D., Troy, A. S., Shallcross, A. J., Zarolia, P., Ford, B. Q., McRae, K. (2012, Nov). Emotional reactivity and emotion regulation in self-injury: Evidence from experiential and fMRI laboratory methods. *Institute of Personality and Social Research*, Berkeley, CA.
- Davis, T. S.**, Troy, A. S., Shallcross, A. J., Mauss, I. B. (2012, Jul). Emotional reactivity and emotion regulation in self-injurious behavior: Evidence from experiential and physiological laboratory methods. *International Society for the Study of Self-Injury*, Chapel Hill, NC.
- McRae, K., Mauss, I. B., Ciesielski, B. G., Zarolia, P., Ford, B. Q., **Davis, T. S.** (2012, Jan). Cognitive emotion regulation in recently stressed women: Differential effects of increasing positive affect and decreasing negative affect. *Society for Personality and Social Psychology*, San Diego, CA.
- Davis, T. S.**, Troy, A. S., Shallcross, A. J., Mauss, I. B. (2011, Nov). Hurting to feel better: Clarifying the relationship between poor emotion regulation ability and self-injury. Annual University of Colorado/University of Denver/Colorado State University Research Day, Fort Collins, CO.
- *Fleischer, E., **Davis, T. S.** (2011, Mar). Eating disorders and self-injurious behavior: Exploring the relationship between behavior and emotion. *Eating Disorder Center of Denver*, Denver, CO.

POSTER PRESENTATIONS

- Haradhvala, N.M., Karnedy, C.J., Carl, E.C., **Davis, T. S.**, Miller, I. W., & Armev, M.F. (2014, Submitted). Emotional Awareness During a Stressful Task in Patients Reporting Suicidal Ideation and Attempts. *Association for Behavioral and Cognitive Therapies*, Nashville, TN.
- Ford, B. Q., **Davis, T. S.**, Hankin, B., Shallcross, A., Troy, A. S., & Mauss, I. B. (2014, Apr). Controlling the uncontrollable? Psychological health implications of entity beliefs about emotion in the context of emotion control norms. *The Society for Affective Science*, Washington, D.C.
- Troy, A. S., Ford, B. Q., **Davis, T. S.**, & Mauss, I. B. (2014, Apr). Change the things you can:

- Effective emotion regulation is beneficial in low, but not high, socioeconomic contexts. *The Society for Affective Science*, Washington, D.C.
- Davis, T. S.,** Mauss, I. B., Sullivan, G. J., Ayduk, O. (2014, Feb). Retail therapy: Implications of shopping for emotion regulation. *Society for Personality and Social Psychology*, Austin, TX.
- *Moltrecht, B., **Davis, T. S.,** Shallcross, A. J., Visvanathan, P. D., Mauss, I. B. (2014, Feb). Mindfulness versus health enhancement: How to improve emotion regulation among those with a history of nonsuicidal self-injury. *Society for Personality and Social Psychology Emotion Pre-conference*, Austin, TX.
- Davis, T. S.,** Lumian, D., Mauss, I. B., Zarolia, P., Ford, B. Q., McRae, K. (2013, May). Cognitive reappraisal ability among adults with a history of deliberate self-harm: Evidence from an fMRI study. *University of California Poster Day*, University of California Berkeley, Berkeley, CA.
- Davis, T. S.,** Lumian, D., Mauss, I. B., Zarolia, P., Ford, B. Q., McRae, K. (2013, Apr). Cognitive reappraisal ability among adults with a history of deliberate self-harm: Evidence from an fMRI study. *Annual Meeting of the Social & Affective Neuroscience Society*, San Francisco, CA.
- Zarolia, P., Mauss, I. B., Lumian, D., Ciesielski, B., **Davis, T.S.,** Ford, B., McRae, K. (2013, Apr). Changes in valence and arousal during two types of cognitive reappraisal. *Annual Meeting of the Cognitive Neuroscience Society*, San Francisco, CA.
- Davis, T. S.,** Ford, B. Q., *Riese, M., McRae, K., Zarolia, P., Butler, E., Mauss, I. B. (2013, Jan). Look on the bright side: Effects of positive reappraisal training on psychological health. *Society for Personality and Social Psychology, Emotion Pre-Conference*, New Orleans, LA.
- Troy, A. S., Ford, B. Q., **Davis, T. S.,** Mauss, I. B. (2013, Jan). Change the things you can: Effective emotion regulation is most protective for individuals low in socioeconomic status. *Society for Personality and Social Psychology*, New Orleans, LA.
- Davis, T. S.** (2012, Jul). How emotions turn into violence: An integrative model of emotional dysfunction in self-injurious behavior. *International Society for the Study of Self-Injury*, Chapel Hill, NC.
- Davis, T. S.,** Barrocas, A. L., Mauss, I. B., Young, J., Abela, J. R. Z., Hankin, B. L. (2012, Jul). Negative affect mediates the relationship between emotion regulation and nonsuicidal self-injury. *International Society for the Study of Self-Injury*, Chapel Hill, NC.
- *Hawkes, T. K., **Davis, T. S.,** Shallcross, A. J., Goode, K. M., Visvanathan, P. D., Cox, E., Holm-Denoma, J., Floerke, V. A., Mauss, I. B. (2012, Jul). Correlates of self-injury: Assessing psychopathology among those with a history of self-injury. *International Society for the Study of Self-Injury*, Chapel Hill, NC.
- Davis, T. S.,** Mauss, I. B. (Jan, 2012). Emotion and dysregulated behavior: Is the interaction between high negative reactivity and low positive reactivity associated with dysregulated behavior? *Society for Personality and Social Psychology*, San Diego, CA.
- Davis, T. S.,** Barrocas, A. L., Mauss, I. B., Young, J., Abela, J. R. Z., Hankin, B. L. (Jan, 2012). Negative affect mediates the relationship between emotion regulation and nonsuicidal self-injury. *Society for Personality and Social Psychology, Emotion Pre-conference*, San Diego, CA.

- *Hawkes, T., **Davis, T. S.**, Troy, A. S., Mauss, I. B. (Jan, 2012). Two steps forward, two steps back: Taking a self-immersed perspective while engaging in cognitive reappraisal predicts lower psychological health. *Society for Personality and Social Psychology, Emotion Pre-conference*, San Diego, CA.
- Davis, T. S.**, Troy, A. S., Moion, P., Mauss, I. B. (2011, Sept). Emotional reactivity and emotion regulation among self-injuring adults. *University of Denver Graduate Poster Session*. Denver, CO.
- *Fleischer, E., **Davis, T. S.**, Pryor, T. (2011, Sept). Eating disorders and self-injurious behavior: Exploring the relationship between behavior and emotion. *Eating Disorders Research Society*, Edinburgh Scotland.
- Davis, T. S.**, Troy, A. S., Moion, P., Mauss, I. B. (2011, Jul). Emotional reactivity and emotion regulation among self-injuring adults. *International Society for the Study of Self-Injury*, New York City, NY.
- Barrocas, A. L., Hankin, B. L., Jenness, J. L., Oppenheimer, C. O., **Davis, T. S.**, & Abela, J. R. Z. (2011, Mar). Temperament as a predictor of prospective nonsuicidal self-injury in youth. *Society of Research on Child Development*, Montreal, Quebec, Canada.
- Davis, T. S.**, Troy, A. S., Moion, P., Mauss, I. B. (2011, Jan). Emotional reactivity and emotion regulation among self-injuring adults. *Society for Personality and Social Psychology, Emotion Pre-conference*, San Antonio, TX.

*Denotes mentored students

FELLOWSHIPS, AWARDS, AND GRANTS

- 2013-2015 **National Institute of Mental Health 5T32MH089919-03:** Pre-doctoral Training in Mental Illness and Neuroscience
- 2014 **Graduate Division Travel Award** - University of California Berkeley
- 2013 **Summer Research Fellowship** - University of California Berkeley
- 2011, 2012 **Graduate Student Professional Development Grant** - University of Denver
- 2011-2012 **Doctoral Fellowship for Inclusive Excellence (Top Award)** - University of Denver
- 2011, 2012 **Graduate Affairs Professional Development Award** - University of Denver
- 2011, 2012 **Graduate Student Association Council Travel Award** - University of Denver
- 2010-2011 **Graduate Study Doctoral Fellowship** - University of Denver
- 2006-2007 **Human Development and Family Studies Scholarship** - Texas Tech University
- 2006-2007 **Goodyear Scholarship** - Texas Tech University
- 2006-2007 **Young Scholarship** - Texas Tech University
- 2004 **Talent and Creativity Scholarship** - University of Colorado at Boulder
- 2004 **Outstanding Achievement Scholarship** - University of Colorado at Boulder

ADDITIONAL TRAINING

- 2014 **Qualitative Analysis in NVivo** – University of California, Berkeley

- 2014 **Text Analytics** – University of California, Berkeley
- 2014 **Intro to programming and Python** – University of California, Berkeley
- 2013-2015 **NIMH Translational Research Training** – (PI: Allison Harvey; Mentor: Iris Mauss), University of California Berkeley
- 2013 **fMRI Methods Course** - (Instructor: Mark D-Esposito), University of California, Berkeley
- 2013 **Hierarchical Linear Modeling Workshop** – University of California, Berkeley
- 2013 **Multi-level Modeling and Dyadic Analysis Workshop** – University of California, Berkeley
- 2013 **Neuroendocrinology Training** – Summer Institute in Social and Personality Psychology (Instructors: Wendy Berry Mendes and Pranjal Mehta), University of California Davis
- 2013 **Longitudinal Data Analysis Workshop** – University of California, Davis
- 2012 **Structural Equation Modeling Course** – University of Denver
- 2011 **Psychophysiology Methods Course** – (Instructor: Iris Mauss), University of Denver
- 2010 **Affective Neuroscience Course** – (Instructor: Kateri McRae), University of Denver

SOFTWARE AND CODING SKILLS

EndNote - Citation software
Eprime - Stimulus presentation software
Mindware - Psychophysiological data collection equipment
Anslab - Psychophysiological data reduction software
IBM SPSS - Data analysis software
M-plus - Data analysis and SEM software
AMOS - Data analysis software
R - Data analysis software
SAS - Data analysis software
Excel/Word/Powerpoint – Organizational Software

TEACHING

TEACHING INTERESTS

◆ Happiness ◆ Emotion & Emotion Regulation ◆ Maladaptive behavior ◆ Research Methods
 ◆ Professional Development

TEACHING EXPERIENCE

2013, Spring **Personality** (Graduate Student Instructor) - University of California Berkeley
 2012, Winter **Intro to Psychology** (Teaching Assistant) - University of Denver
 2012, Winter **Child Development** (Teaching Assistant) - University of Denver
 2010, Fall **Research Methods** (Teaching Assistant) - University of Denver

2007, Spring **Behavioral Genetics** (Teaching Assistant) - Texas Tech University
2007, Spring **Research Methods** (Teaching Assistant) - Texas Tech University
2006, Fall **Research Methods** (Teaching Assistant) - Texas Tech University
2005, Spring **Intro to Psychology** (Student Instructor) - University of Colorado at Boulder

TEACHING TRAINING

2012-2013 **Workshops** - Assessing teaching and learning, undergraduate mental health, developing a teaching philosophy, teaching quantitative social sciences, oral presentation skills
2012 **Courses** - Teaching psychology & ethics and standards in teaching

GUEST LECTURES

Davis, T. S. (2012, Mar). Socio-emotional development and the emergence of problem behaviors in adolescence. *Undergraduate course in Child Development*. University of Denver, Denver CO.
Davis, T. S. (2012, Feb). Self-injury: When emotions turn into violence. *Undergraduate course in Foundations in Psychological Science*. University of Denver, Denver CO.
Davis, T. S. (2012, Feb). What's in a feeling: The study of emotion and emotion regulation. *Undergraduate course in Foundations in Psychological Science*. University of Denver, Denver CO.
Davis, T. S. (2007, May). Self-injury: Symptom, disorder, or a part of normal development? *Undergraduate course in Adolescent Development*. Texas Tech University, Lubbock, TX.

SERVICE

SERVICE INTERESTS

◆ Peer Review ◆ Undergraduate and Graduate Student Professional Development ◆ Mentoring ◆ Broadening the Impacts of Research

PEER REVIEW

2014 **Reviewer** - Association for Psychological Science (APS) personality & emotion poster submissions for 2014 Conference, San Francisco, CA
2013 **Reviewer** - Society for Personality and Social Psychology (SPSP) GSC Outstanding research award for 2014 Conference, Austin, TX
2012 **Reviewer** - Society for Personality and Social Psychology (SPSP) GSC Outstanding research award for 2013 Conference, New Orleans, LA
2011-2012 **Student Editor** - International Society for the Study of Self-Injury (ISSS)
2010-2012 **Scientific Writing Peer Reviewer** - University of Denver

DEPARTMENTAL SERVICE

- 2013 **Admissions Committee Application Reviewer** - University of California, Berkeley
- 2011-2012 **Graduate Affairs Committee Member** - University of Denver
- 2012 **Grad Student Recruitment Travel Coordinator** - University of Denver
- 2011 **Grad Student Recruitment Travel Coordinator** - University of Denver

WORKSHOPS GIVEN

- Davis, T. S.** (2013, Nov). SPSS Basics: Exploring, graphing, and analyzing data in SPSS. *Undergraduate Honors Student Workshop*. University of California Berkeley, Berkeley, CA.
- Davis, T. S.** (2013, Oct). Responding to reviewer comments: How small samples, one-item questions, and lack of covariates can be strengths to your manuscript, not weaknesses. *Gordon Allport Graduate Student Professional Development Series*. University of California Berkeley, Berkeley, CA.
- Davis, T. S.** (2013, Jan). Latent variables, regression, and mediation models in M-plus. *Gordon Allport Graduate Student Professional Development Series*. University of California Berkeley, Berkeley, CA.
- Davis, T. S.** (2012, Feb). Teaching and research and counseling, oh my! What to do with a degree in psychology. *Undergraduate meeting to discuss careers in psychology*. University of Denver, Denver CO.

MENTORED STUDENTS

- 2013-2014 Bettina Moltrecht (Masters Thesis)
- 2013-2014 Amanda Irion (Undergraduate Thesis)
- 2012 Moritz Riese (Internship)
- 2010-2012 Tara K. Hawkes (Research projects and poster presentations)
- 2010-2011 Erin Fleischer (Research project and poster presentation)

MENTORING EXPERIENCE

- 2009-2010 **Lab Manager and Research Mentor** - Emotion regulation lab (Dr. Iris Mauss), University of Denver
- 2008-2009 **Counselor and Mentor to At-Risk Youth** - Attention Homes, Boulder, CO
- 2005 **Finding Activities for Teens with Disabilities** - Association for Community Living, Longmont, CO
- 2005 **Teacher and Mentor to At-Risk Youth** - Front Range Academy, Gunbarrel, CO
- 2003 **Expressive Art Teacher for At-Risk Youth** - San Juan Spanish Community Center, Boulder, CO

BROADER IMPACTS

2013- **Co-founder** – Lifenik: Cultivating well-being using online interventions
2013 **Consultant for Self-Injury Text Line Counseling** - Crisis Support Services
of Alameda County

PROFESSIONAL MEMBERSHIPS

2014- Society for the Study of Motivation (SSM)
2013- Social & Affective Neuroscience Society (SANS)
2013- Association for Psychological Science (APS)
2011- International Society for the Study of Self-Injury (ISSS)
2010- Society for Personality and Social Psychology (SPSP)