

Stephanie Yu

CURRICULUM VITAE

E-mail: stephanieyu@berkeley.edu

Phone: (408) 410-5426

Education

UNIVERSITY OF CALIFORNIA, BERKELEY

Candidate for Bachelor of Arts in Psychology and Social Welfare

Minoring in Education and Asian American Studies

Overall GPA: 3.766

Psychology Major GPA: 3.964

Research Interests

- Altruism and morality and how these affect psychological well-being
- Socioeconomic status and its effects on behavior
- Researching the efficacy of clinical treatments in mental health such as cognitive therapy
- Psychological and mental health

Research Experience

- 2011–12 **Emotions, Personality and Altruism Research Group**, Wright Institute
Research Assistant (Worked with Dr. Lynn O'Connor)
- 2012 **Langley Porter Psychiatric Institute**, UCSF
Prodrome Assessment Research and Treatment (PART) Program Clinical Research Assistant
- 2012–14 **Institute of Social and Personality Research**, UC Berkeley
Undergraduate Research Assistant
- Worked with doctoral student Jia Wei Zhang, January 2012 – December 2012
 - Worked with doctoral student Paul Piff, September 2012 – Present
- 2013–14 **San Francisco Bay Area Center of Cognitive Therapy**
Clinical Research Intern
- 2012–14 **Emotion and Emotion Regulation Lab**, UC Berkeley
Undergraduate Research Assistant

Achievements & Awards

- 2009 - President's Volunteer Service Award
- 2010 – 2013 – Berkeley Undergraduate Scholarship
- 2012 – Distinguished Appointed Board Member Award (Circle K International)
- 2013 – Distinguished Administrative Vice President Award (Circle K International)
- 2013 – William Menafra Memorial Scholarship Recipient
- 2013 – Segal Americorps Education Award

Teaching Experience

- 2009-10 - **Math Enrichment** - Teacher's Assistant
- 2009-10 - **ESL Chatter** - Teacher
- 2012 – 13 - **Jumpstart** - Corps Member

Campus and Community Service

- 2010-14 **Circle K International, UC Berkeley Chapter – 2,000 Community Service Hours**
General Member, 2010-2011
Public Relations Chair, 2011-2012
- Organized large- scale events such as Charity Fashion Show, Ace of Cakes, Car Wash, Study-A-thon, and Circle K Week
- Administrative Vice President, 2012-2013
- Advised and counseled a group of 11 board members through their terms with monthly chair meetings, in addition to completing all club paperwork
- Cal-Nev-Ha District Award Chair, 2013-2014
- Led committee of members all over California to organize the awards for the entire Circle K District including all clubs in California, Nevada, and Hawaii
 - Worked with a 21-member District Board to ensure the success of our Cal-Nev-Ha District
- 2011-14 **Supporting Peers in Laidback Listening**
Supporter – Anonymous and confidential online peer-based support system
- 2012-14 **Psi Chi Honors Society, UC Berkeley Chapter**
Member
- 2012-14 **Student-to-Student Peer Counseling**
Peer Counselor and Trainer – Provides free, one-on-one confidential, walk-in and phone counseling to UC Berkeley students
- 2012-14 **Crisis Support Services of Alameda County**
Crisis Line Counselor – Suicide crisis line offering support too people of all ages and backgrounds
- 2013-14 **A Brighter Tomorrow**
President and Founder – Founded organization dedicated to providing emotional, mental support for students considering suicide and spreading awareness of suicide prevention to the campus