

Education

Claremont Graduate University 2009-2011
Master of Arts in Cognitive Psychology & Program Evaluation

University of California, Santa Cruz 2005-2009
Bachelor of Arts in Intensive Psychology
* Concentration: Cognitive Psychology
Selected to join Cognitive Graduate Seminar as undergraduate student

Research Interests

- * Emotion and Emotion Regulation
 - * Cognition and Emotion
 - * Anxiety and Mood Disorders
 - * Sleep
 - * Physical and Mental Health
 - * Treatment Intervention
 - * Psychophysiology
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Honors

- * Honors in Psychology 2009
 - * Honors in Community Service 2009
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Projects

Poster Presentation

Roy, J., Shallcross, A., Mauss, I. (2014, Feb). Mechanisms Underlying Mindful Based Cognitive Therapy. *Emotion Pre-Conference*, Austin, TX.

Workshop/Consulting

- * Best practices for treating self-injury in crisis counseling.

2013-current

Mentored Students

- * Aaron Teixeira (research) 2013-current
 - * Natashia Mitchell (crisis counseling) 2013
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Research and Clinical Experience

Lab Manager for Dr. Mauss's Emotion and Emotion Regulation Lab 2013-current
University of California, Berkeley

- * Hire, train, and supervise assistants, coordinate all projects, conduct literature reviews, develop pilots, create surveys, and devise study methodologies.

- * Projects include Pursuing Emotional Goals, Shopping and Emotion Regulation, and Aging and Emotion Regulation.

Research Assistant for Dr. Keltner's Berkeley Social Interaction Lab 2012-current

University of California, Berkeley

* Assist in literature review and study development

Certified Crisis Counselor with Alameda County Crisis Support Services

2012-current

- * Counsel individuals in crisis
- * Collaborating in development and evaluation of text message crisis line
- * Developing workshop for best practices for treating self-injury in a crisis call or text

Research Associate at University of California, San Francisco

2012

- * Coordinated clinical trials on dementia

Research Assistant at Claremont Graduate University

2009-2011

* Assisted with research regarding eye-witness testimony and confabulation. Aided literature reviews, scheduled participants, managed study documents, administered surveys, conducted experiments, coded and interpreted data.

Evaluation Consultant

2010

* Collaborated with a team to develop a logic model, outlining assumptions, short-term, intermediate, and long-term goals.

Research Assistant at University of California, Santa Cruz

2006-2009

* Assisted with research regarding memory, gender, and emotion. Scheduled participants, managed study documents, administered surveys, conducted interviews, conducted experiment, coded data, and helped data interpretation.

Leadership & Other Experience

Organizer for Bay Area Solidarity Summer

2011-current

* Assist in organizing social justice themed camp for youth: obtain funding, create workshops, facilitate workshops

Skills

- * Strong leadership and interpersonal skills, excellent oral and written communication skills, observant and ready to take initiative
- * Survey Design, Mixed-Methods, Physiological Data Editing
- * Microsoft Office Suite, SPSS, Qualtrics, Anslab, E-Prime