

JOSEPH C. LESHIN

Curriculum Vitae

June 2013

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EDUCATION

California Polytechnic State University, San Luis Obispo, CA

Bachelor of Science in Psychology, *cum laude*, 2013

Psychology GPA: 3.90

ACADEMIC HONORS AND AWARDS

- 2010-2011 President's List, Cal Poly
- 2010-2013 Dean's Honors List, Cal Poly
- 2012-2013 California Sally-Casanova Pre-Doctoral Fellowship
- 2013-2015 Frances Degen Horowitz Millennium Scholar

RESEARCH INTERESTS

- Emotion and emotion regulation
- The role emotion/emotion regulation plays in physical and psychological health
- Emotion, social comparisons, and risk for depression
- Self-compassion/mindfulness and psychological well-being

RESEARCH EXPERIENCE

1. Fall 2010-Present *Co-Lab Manager*, Social Psychological Issues Laboratory
Cal Poly, San Luis Obispo
PI: Julie A. Garcia, Ph.D., Associate Professor
2. Fall 2011-Present *Research Assistant*, Social Power and Emotion Lab
Cal Poly, San Luis Obispo
PI: Carrie A. Langner, Ph.D., Assistant Professor

3. June-August 2011 *Research Intern, Adversity and Adaptation Lab*
University of California, Riverside
PI: Tuppett M. Yates, Ph.D., Associate Professor
4. June-August 2012 *Research Intern, Stanford Psychophysiology Laboratory*
Stanford University
PI: James J. Gross, Ph.D., Professor
5. June-July 2012 *Research Intern, Emotion and Emotion Regulation Lab*
University of California, Berkeley
PI: Iris Mauss, Ph.D., Assistant Professor

CONFERENCE PRESENTATIONS (*co-presentation with PI)

1. **Leshin, J.C.**, Berzenski, S.R., Kafka, C.J., & Yates, T.M. (April, 2013). A Contextual View on Children's Aggression and Physiological Response. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
2. **Leshin, J.C.**, Suri, G., Gross, J.J. (July, 2012). Decision Formulation: Giving a choice to make a choice. Paper presented at the annual Leadership Alliance National Symposium, Hartford, CT.
3. Langner, C.A., Arreola, B., Davis, A., Hussman, A., **Leshin, J.C.**,* Levenson, J., Olmeda, S., Polacci, L., Roberts, K., & Snelling, A. (July, 2012). The Effects of Social Power on Emotion Suppression. Poster presented at the annual meeting of the International Society of Political Psychology, Chicago, IL.
4. **Leshin, J.C.**, Berzenski, S.R., & Yates, T.M. (May, 2012). A Contextual View on Children's Aggression and Physiological Response. Paper presented at the Stanford Undergraduate Research Conference, Palo Alto, CA.
5. **Leshin, J.C.**, Berzenski, S.R., & Yates, T.M. (April, 2012). A Contextual View on Children's Aggression and Physiological Response. Paper presented at the Berkeley Interdisciplinary Research Conference, Berkeley, CA.

SKILLS

- Statistical software: SPSS, R, and Minitab
- Experimental software: MediaLab
- Language: proficient in Spanish and English

SERVICE

- Spring2010 Volunteer Tutor, PSY 333: Quantitative Research Methods for Behavior Sciences, Cal Poly
- Fall2010 Volunteer Fundraise Coordinator, YMCA of San Luis Obispo (fundraised \$1,500)

- 2010-2012 LGBTQIA Peer Mentor for Peer Resources in Student Mentoring, Student Life & Leadership, Cal Poly
- 2011-2012 Association for Psychological Science Campus Representative for Cal Poly
- 201-2012 Secretary, Cal Poly Psi Chi Chapter

PROFESSIONAL AFFILIATIONS

- Association for Psychological Science
- Society for Psychophysiological Research
- American Psychological Association
- APA Division 38, Health Psychology