

# Henrik Hopp

## Curriculum Vitae

Email: [hhopp@daad-alumni.de](mailto:hhopp@daad-alumni.de)

### Education

Ph.D. in Psychology (summa cum laude), Goethe-University Frankfurt/Main (2009)

M.A. in Psychology (with highest honors), Goethe-University Frankfurt/Main (2006)

B.A. in Psychology, Rheinische Friedrich-Wilhelms-University Bonn (2001)

### Professional Positions

Consultant at Kienbaum Management Consultants GmbH, Duesseldorf (since 2012)

### Professional Membership

Kienbaum Institute for Management Diagnostics (since 2013)

Kienbaum Center of Competence Organizational Health (since 2013)

### Academic Positions

Post doctoral stipendiary of the German Academic Exchange Service (2010-2012)

Post doctoral fellow at the Emotion Regulation Laboratory, Department of Psychology, University of Denver (2010-2011)

Research associate, Unit for Individual Differences and Psychological Assessment, Department of Psychology, Goethe-University Frankfurt/Main (2006-2010)

Student research assistant, Unit for Individual Differences and Psychological Assessment, Department of Psychology, Goethe-University Frankfurt/Main (2005-2006)

Student research assistant, Unit for Social and Personality Psychology, Department of Psychology, Rheinische Friedrich-Wilhelms-University Bonn (2000-2002)

### **Academic Membership**

Society of Personality and Social Psychology (since 2010)

Stress and Anxiety Research Society (since 2008)

### **Publications**

**Hopp, H.**, Shallcross, A.J., Ford, B.Q., Troy, A.S., Wilhelm, F.H., & Mauss, I.B. (2013). High cardiac vagal control protects against future depressive symptoms under conditions of high social support. *Biological Psychology*, 93, 143-149.

**Hopp, H.**, Rohrman, S., & Hodapp, V. (2012). Suppression of negative and expression of positive emotions: Divergent effects of emotional display rules in a hostile service interaction. *European Journal of Work and Organizational Psychology*, 21, 84-105.

**Hopp, H.**, Troy, A.S., & Mauss, I.B (2011). The unconscious pursuit of emotion regulation: Implications for psychological health. *Cognition & Emotion*, 25, 532-545.

Rohrman, S., Bechtold, M., **Hopp, H.**, Hodapp, V., & Zapf, D. (2011). Psychophysiological effects of emotional display rules and the moderating role of trait anger in a simulated call center. *Anxiety, Stress, & Coping*, 24, 421-438.

**Hopp, H.**, Rohrman, S., Zapf, D., & Hodapp, V. (2010). Psychophysiological effects of emotional dissonance in a face-to-face service interaction. *Anxiety, Stress, & Coping*, 23, 399-414.

Rohrman, S., **Hopp, H.**, Schienle, A., & Hodapp, V. (2009). Emotion regulation, disgust sensitivity, and psychophysiological responses to a disgust-inducing film. *Anxiety, Stress, & Coping*, 22, 215-236.

Rohrmann, S., & **Hopp, H.** (2008). Cardiovascular indicators of disgust. *International Journal of Psychophysiology*, 89, 201-208.

Rohrmann, S., & **Hopp, H.** (2008). Experimentelle Untersuchung kardiovaskulärer Ekelreaktionen [Experimental examination of cardiovascular disgust responses]. In W. Janke, M. Schmidt-Daffy, & G. Debus (Eds.), *Experimentelle Emotionspsychologie – Methodische Ansätze, Probleme, Ergebnisse* (pp. 347-364). Lengerich: Pabst.

Rohrmann, S., **Hopp, H.**, & Quirin, M. (2008). Gender differences in psychophysiological responses to disgust. *Journal of Psychophysiology*, 22, 65-75.

### **Manuscripts (submitted/in preparation)**

Evers, C., **Hopp, H.**, Gross, J.J., Fischer, A.H., Manstead, A.S.R., & Mauss, I.B. (submitted). Emotional response coherence: A dual-process perspective. *Biological Psychology*.

**Hopp, H.**, Shallcross, A.J., Troy, A.S., MacLeod, C., & Mauss, I.B. (in preparation). Controlled engagement predicts better emotion regulation and psychological health.

### **Conference Talks**

**Hopp, H.**, Troy, A.S., & Mauss, I.B. (2011). The unconscious pursuit of emotion regulation: Implications for psychological health. 12<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology (SPSP). January 2011, San Antonio, TX, USA.

**Hopp, H.**, Rohrmann, S., & Hodapp, V. (2008). Examining psychophysiological responses of emotional labour in an experimental face-to-face paradigm. 29<sup>th</sup> Stress and Anxiety Research Conference (STAR), July 2008. Birkbeck University of London, UK.

**Hopp, H.**, Rohrmann, S., & Hodapp, V. (2008). Emotionsarbeit: Effekte von Display Rule und Trait-Anger [Emotional labor: Effects of display rules and trait-anger]. 13. Copingtagung, November 2008. Goethe-University Frankfurt/Main, Germany.

## Conference Posters

Ford, B.Q., **Hopp, H.**, Shallcross, A.J., Troy, A.S., Floerke, V.A., Wilhelm, F.H., & Mauss, I.M. (2012). Higher cardiac vagal control is associated with better psychological health under conditions of greater social support: A prospective study. *13<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology (SPSP)*. January 2012, San Diego, CA, USA.

Ford, B.Q., **Hopp, H.**, Shallcross, A.J., Troy, A.S., Floerke, V.A., Wilhelm, F.H., & Mauss, I.M. (2011). Higher vagal tone is associated with less depressive symptoms under conditions of high social support: A prospective study. *51<sup>th</sup> Annual Meeting of the Society for Psychophysiological Research (SPR)*. September 2011, Boston, MA, USA.

**Hopp, H.**, & Rohrman, S. (2006). Experimentelle Untersuchung peripher-physiologischer Ekelreaktionen [Experimental examination of peripher-physiological disgust responses]. *48. Tagung experimentell arbeitender Psychologen (TeaP)*, March 2006, Mainz, Germany.

Rohrman, S., **Hopp, H.**, & Hodapp, V. (2008). The psychophysiology of disgust. *29<sup>th</sup> International Congress of Psychology (ICP)*. July 2008, Berlin, Germany.

## Funding

German Academic Exchange Service (DAAD): Postdoctoral fellowship (2010-2012)

Hermann Willkomm-Foundation: Participation at STAR-conference in London (2008)

## Academic Service

Ad-hoc reviewer for: *Anxiety, Stress, & Coping*, *Biological Psychology*, *BMC Health Services Research*, *Cognition & Emotion*, *European Journal of Social Psychology*, *European Journal of Work and Organizational Psychology*, *International Journal of Psychophysiology*, *International Journal of Stress Management*, *Journal of Managerial Psychology*, *Motivation & Emotion*.

Research associate representative at the doctoral candidate admissions board, Department of Psychology, Goethe-University Frankfurt/Main (2007-2009)

Research associate representative at the board of review for professorship applicants,  
Department of Psychology, Goethe-University Frankfurt/Main (2008-2009)

### **Teaching**

Psychological Assessment (2009/2010, 2008/2009, 2007, 2006/2007)

Personality and Emotions (2009, 2007/2008)

Intelligence and Competence (2008)

Psychological Tests (2006)

### **Professional Competencies:**

Individual assessments, management audits, assessment and development centers for executives, conception of competence models, organizational diagnostics, health management in organizations, moderation, trainings for leaders

### **Methodical Competencies:**

Experimental designs, cross-sectional and longitudinal designs, diary studies, questionnaires, implicit assessments, interviews, behavioral observations, role plays, business cases, physiological assessments